

## Summer 2021

	6-7 a.m.	7-8 a.m.	8-9 a.m.	9-10 a.m.	10-11 a.m.	11-12 a.m.	12-1 p.m.	1-2 p.m.	2-3 p.m.	3-4 p.m.	4-5 p.m.	5-6 p.m.	6-7 p.m.
<b>Mon</b>				OPEN GYM			Strength Training					→	→
<b>Tue</b>				OPEN GYM	→		Zumba				→		→
<b>Wed</b>				OPEN GYM			Strength Training				→	Youth Karate 5:30-7	→
<b>Thu</b>				OPEN GYM			Zumba						
<b>Fri</b>		CLOSED											
<b>Sat</b>		CLOSED											
<b>Sun</b>		CLOSED											

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**Workout room available during all regular business hours for Open Workout/Membership/Bonus visits. Gym available for Open Workout, Membership, Bonus visits, and Drop-in use when there are no scheduled classes.**