

# Assessment: Assessment Plan

## Operational (Acad Affairs) - Fitness Center

**GBC Mission:** Great Basin College enriches people's lives by providing student-centered, post-secondary education to rural Nevada. Educational, cultural, and related economic needs of the multicounty service area are met through programs of university transfer, applied science and technology, business and industry partnerships, developmental education, community service, and student support services in conjunction with certificates and associate and select baccalaureate degrees.

**Unit Mission:** The mission of Great Basin College Physical Education and Exercise program is to provide a natural extension of academic programs, enriching the lives of students, faculty, staff, and community members with the opportunity to participate in an individual or group fitness program, emphasizing safe and effective workouts and the importance of maintaining good health.

### Outcome: The Fitness Center/PEX course schedule

The Fitness Center/PEX course schedule meets the needs of students, faculty and staff.

**Outcome Status:** Active

**Assessment Year:** 2019-2020, 2023-2024

**Start Date:** 07/01/2019

#### Assessment Measures

**Survey** - I will collaborate with IRE to develop a survey for students, faculty and staff to ask if current course offerings meet their needs. The survey should address PEX courses as well as community courses through Continuing Education. (Active)

**Criterion:** Success will be determined if at least 70% of students and staff who respond to the survey are satisfied with the current class schedule.

**Notes:** • Through collaboration with IRE, develop a questionnaire for GBC students, faculty and staff. Questions should address customer satisfaction with course offerings and times. Open-ended questions should allow participants to provide suggestions/comments for improvements to the Fitness Center/PEX schedule.

- The survey will be administered during the course of the Fall 2019 semester.
- The survey should be administered via WebCampus. Part-time instructors will need to be informed and trained on the process so they can encourage students to complete the survey.
- The results of the survey will be assessed during the Spring 2020 semester.

### Outcome: Fitness (PEX) curriculum

Fitness (PEX) courses, including course titles, catalog descriptions, and course numbering and credits are accurate in the catalog and represent what is taught.

**Outcome Status:** Active

**Assessment Year:** 2020-2021

**Start Date:** 07/01/2020

#### Assessment Measures

**Internal Tracking** - Through internal tracking, review courses in the catalog and what has been taught in the last three years for accuracy and congruence. (Active)

**Criterion:** 100% of the information about the PEX courses in the catalog represent what is taught.

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**Notes:** This will include collaborating with other NHSE institutions, reviewing for outdated titles and descriptions, course numbering problems and credit issues

## Outcome: Personal wellness beyond physical fitness

Fitness center provides opportunities for personal wellness beyond physical fitness.

**Outcome Status:** Active

**Assessment Year:** 2021-2022

**Start Date:** 07/01/2020

### Assessment Measures

**Internal Tracking** - Internal tracking and student satisfaction surveys. Review of course offerings and activities.  
(Active)

**Criterion:** At least 5% of fitness center activities address aspects of wellness other than physical fitness.

**Notes:** Weekly recipes, Facebook posts, blood drives, instructor videos on health and wellness

## Outcome: Fitness Center hours of operation

Fitness Center hours of operation meet the needs of GBC students, faculty, and staff.

**Outcome Status:** Active

**Assessment Year:** 2022-2023

**Start Date:** 08/27/2018

### Assessment Measures

**Internal Tracking** - Through internal tracking, information will be collected from Fitness Center's user sign-in sheets during the Fall 2018 semester. Based on the gathered data, Fitness Center hours of operation will be adjusted for the Spring 2019 semester.  
(Active)

**Criterion:** The set hours of operation will correspond with times when 70% of students and faculty use the Fitness Center.

**Notes:** Fitness Center sign-in sheets are currently in use. Student workers will be instructed to ensure all gym users sign in and out. A spreadsheet will be created to track usage and participation from students, faculty and staff, and community members.

**Related Documents:**

[Fitness Center Fall 2018 Patron Activity Statistics.xlsx](#)

**Internal Tracking** - Through internal tracking, information will be collected from Fitness Center's user sign-in sheets during the Fall 2022 semester. Based on the gathered data, Fitness Center hours of operation will be adjusted for the Spring 2023 semester.  
(Active)

**Criterion:** The set hours of operation will correspond with times when 70% of students and faculty use the Fitness Center.

**Notes:** Fitness Center sign-in sheets are currently in use. Student workers will be instructed to ensure all gym users sign in and out. A shared Google doc spreadsheet will be used to track usage and participation from students, faculty, staff, and community members.