



# Assessment Plan

## Great Basin College

### Operational (Acad Affairs) - Fitness Center

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**GBC Mission:** Great Basin College enriches people's lives by providing student-centered, post-secondary education to rural Nevada. Educational, cultural, and related economic needs of the multicounty service area are met through programs of university transfer, applied science and technology, business and industry partnerships, developmental education, community service, and student support services in conjunction with certificates and associate and select baccalaureate degrees.

**Unit Mission:** The mission of Great Basin College Physical Education and Exercise program is to provide a natural extension of academic programs, enriching the lives of students, faculty, staff, and community members with the opportunity to participate in an individual or group fitness program, emphasizing safe and effective workouts and the importance of maintaining good health.

**Outcome: Fitness (PEX) curriculum**

Fitness (PEX) courses, including course titles, catalog descriptions, and course numbering and credits are accurate in the catalog and represent what is taught.

**Assessment Year:** 2014-2015  
**Start Date:** 07/01/2014  
**Outcome Status:** Active

Means of Assessment			
Assessment Measure	Criterion	Notes	Active
Review courses in the catalog and what has been taught for the last three years for accuracy and congruence. <b>Assessment Measure Category:</b> Internal Tracking	100% of the information about the PEX courses in the catalog represent what is taught.	This will include collaborating with other NHSE institutions, reviewing for outdated titles and descriptions, course numbering problems and credit issues	Yes

**Outcome: Fitness Center hours of operation**

Fitness Center hours of operation meet the needs of GBC students, faculty, and staff.

**Assessment Year:** 2015-2016  
**Start Date:** 08/25/2015  
**Outcome Status:** Active

Means of Assessment			
Assessment Measure	Criterion	Notes	Active
Fitness Center user-sign-in sheets are currently in use. Sheets have been re-located into the Fitness Center office. Student workers have been instructed to be vigilant in watching entry to Fitness Center and ensure that the Fitness Center users are signing in and out at the Fitness Center office during the Fall 2014 and Spring 2015 semesters. <b>Assessment Measure Category:</b> Data	Based on information gathered from sign-in sheet data, at least 1 tracking result will be incorporated into setting the GBC-Elko Fitness center hours of operations, starting in Fall 2015.	Sign-in sheets are already in use. Sheets have been re-located into the Fitness Center office. Student workers have been instructed to be vigilant in watching entry to Fitness Center and ensure that the (vast majority of) Fitness Center users are signing in and out at the Fitness Center office during the Fall 2014 semester.	Yes

Means of Assessment			
Assessment Measure	Criterion	Notes	Active
During Summer 2015, sign-in sheet data from Fall 2014 semester and Spring 2015 semester will be reckoned and evaluated as to usage-frequency of fitness center per each day of week and time of day. <b>Assessment Measure Category:</b> Internal Tracking	Based on information gathered from sign-in sheet data, at least 1 tracking result will be incorporated into setting the GBC-Elko Fitness center hours of operations, starting in Fall 2015.	Work with GBC Institutional Research and Effectiveness Department to develop a survey of student/staff desires regarding PEX courses or to include PEX questions as part of an overall GBC survey.	Yes

**Outcome: Fitness Center class scedule**

Fitness Center classes and schedule meet the needs of students, faculty and staff.

**Assessment Year:** 2016-2017

**Start Date:** 08/25/2016

**Outcome Status:** Active

Means of Assessment			
Assessment Measure	Criterion	Notes	Active
Work with IRE to develop a survey students and staff -- do current course offerings meet their needs? Ask about PEX classes, times and days. <b>Assessment Measure Category:</b> Survey	80% of student and staff who respond to the survey are satisfied with the current classes and class schedule.		Yes

**Outcome: Fitness center provides opportunities for personal wellness beyond physical fitness.**

Fitness center provides opportunities for personal wellness beyond physical fitness.

**Assessment Year:** 2017-2018

**Start Date:** 08/25/2017

**Outcome Status:** Active

Means of Assessment			
Assessment Measure	Criterion	Notes	Active
Review of course offerings and activities <b>Assessment Measure Category:</b> Internal Tracking	At least 5% of fitness center activities address aspects of wellness other than physical fitness.	Total fitness weight loss class Wellness messages for the week by instructor sent by e-mail	Yes

**Outcome: Curriculum review of offerings**

Curriculum review of offerings

**Assessment Year:** 2018-2019

**Start Date:** 03/26/2018

**Outcome Status:** Active

Means of Assessment			
Assessment Measure	Criterion	Notes	Active

### Means of Assessment

Assessment Measure	Criterion	Notes	Active
Review courses in the catalog and what has been taught for the last three years for accuracy and congruence. <b>Assessment Measure Category:</b> Internal Tracking	100% of the information about the PEX courses in the catalog represent what is taught.		Yes