

## Course Assessment Report - 4 Column Great Basin College

Courses (SS) - Psychology

Course Outcomes	Means of Assessment & Criteria / Tasks	Results	Action & Follow-Up
Courses (SS) - Psychology - PSY 208 - Psy of Human Relations - Identify positive ways of coping with their own stressors - Identify positive ways of coping with their own stressors (Created By Courses (SS) - Psychology) <b>Next Assessment:</b> 2018-2019 <b>Start Date:</b> 06/19/2014 <b>Course Outcome Status:</b> Active	Assessment Measure: Stress paper Assessment Measure Category: Assignment - Written Criterion: Complete the following 2 page hand out Irrational and Rational Self Talk Charlebois 3.28.13 (1).docx ) then write 3 pages about something that stresses you out. Identify the stressor, discuss how your stress starts, for instance where do you feel it first, how does it progress, how do you handle the stress now and how you could handle it more constructively. Use Chapter 8 to guide you	10/13/2014 - All students but one passed this assignment one person did not turn it in <b>Criterion Met:</b> Yes <b>Reporting Period:</b> 2013-2014	10/13/2014 - This class is kind of "free flowing in that I see it as a class where students learn about themselves and how they relate to others. I focus on how their perception affects employment etc. Since this was a live class I focused more on class interaction rather than assignments. This class was one of the best classes I have taught and I think the students enjoyed it. I think they enjoyed it because they did not feel judged so much as accepted and realized the changes they need to make in their own life.
Courses (SS) - Psychology - PSY 208 - Psy of Human Relations - Goal setting - Will explore the importance of goal setting (Created By Courses (SS) - Psychology) <b>Next Assessment:</b> 2018-2019 <b>Start Date:</b> 06/19/2014 <b>Course Outcome Status:</b> Active	Assessment Measure: What Do You Want" exercise Assessment Measure Category: Assignment - Project Criterion: Maximum points 50 Students had to put together a powerpoint consisting of their "future autobiography, what they want out of life and a goal project. They were asked to "paint a picture of who they are and where they want to be in life. They were asked to be creative and present their material in a way that showcased themselves in just they wanted themselves others to see them	10/13/2014 - All students passed this assignment <b>Criterion Met:</b> Yes <b>Reporting Period:</b> 2013-2014	10/13/2014 - This is a fun assignment and presented in a way that was open and accepting all students did something different. One person played music for the class, one person presented as though it were a movie and he was the director I will keep this assignment just the way it is.