

## Operational Outcomes Report - 4 Column Great Basin College

Operational (Acad Affairs) - Fitness Center

**GBC Mission:** Great Basin College enriches people's lives by providing student-centered, post-secondary education to rural Nevada. Educational, cultural, and related economic needs of the multicounty service area are met through programs of university transfer, applied science and technology, business and industry partnerships, developmental education, community service, and student support services in conjunction with certificates and associate and select baccalaureate degrees.

**Unit Mission:** The mission of Great Basin College Physical Education and Exercise program is to provide a natural extension of academic programs, enriching the lives of students, faculty, staff, and community members with the opportunity to participate in an individual or group fitness program, emphasizing safe and effective workouts and the importance of maintaining good health.

| Outcomes   | Means of Assessment & Criteria / Tasks             | Results            | Action & Follow-Up |
|--|--|--------------------|--------------------|
| Operational (Acad Affairs) - Fitness Center -    | Assessment Measure:                                |                    |                    |
| Fitness Center hours of operation - Fitness      | Fitness Center user-sign-in sheets are currently   |                    |                    |
| Center hours of operation meet the needs of      | in use. Sheets have been re-located into the       |                    |                    |
| GBC students, faculty, and staff.                | Fitness Center office. Student workers have been   |                    |                    |
| Assessment Years:                                | instructed to be vigilant in watching entry to     |                    |                    |
| 2015-2016  | Fitness Center and ensure that the Fitness Center  |                    |                    |
| Start Date:                                      | users are signing in and out at the Fitness Center |                    |                    |
| 08/25/2015                                       | office during the Fall 2014 and Spring 2015        |                    |                    |
| Outcome Status:                                  | semesters.<br>Assessment Measure Category:         |                    |                    |
| Active   | Data   |                    |                    |
|  | Criterion:   |                    |                    |
|  | Based on information gathered from sign-in sheet   |                    |                    |
|  | data, at least 1 tracking result will be           |                    |                    |
|  | incorporated into setting the GBC-Elko Fitness     |                    |                    |
|  | center hours of operations, starting in Fall 2015. |                    |                    |
|  |  |                    |                    |
|  |  |                    |                    |
|  | Assessment Measure:                                |                    |                    |
|  | During Summer 2015, sign-in sheet data from        |                    |                    |
|  | Fall 2014 semester and Spring 2015 semester        |                    |                    |
|  | will be reckoned and evaluated as to usage-        |                    |                    |
|  | frequency of fitness center per each day of week   |                    |                    |
|  | and time of day.                                   |                    |                    |
|  | Assessment Measure Category:                       |                    |                    |
|  | Internal Tracking                                  |                    |                    |
|  | Criterion:   |                    |                    |
|  | Based on information gathered from sign-in sheet   | :                  |                    |
|  | data, at least 1 tracking result will be           |                    |                    |
|  | incorporated into setting the GBC-Elko Fitness     |                    |                    |
|  | center hours of operations, starting in Fall 2015. |                    |                    |
|  |  |                    |                    |
| Operational (Acad Affairs) - Fitness Center -    | Assessment Measure:                                |                    |                    |
| Fitness Center class scedule - Fitness Center    | Work with IRE to develop a survey students and     |                    |                    |
| classes and schedule meet the needs of students, | staff do current course offerings meet their       |                    |                    |
| faculty and staff.                               | needs? Ask about PEX classes, times and days.      |                    |                    |
| Assessment Years:                                |  |                    |                    |
| 2016-2017  | Assessment Measure Category:                       |                    |                    |
|  | Survey   |                    |                    |
| 07/30/2015 5·06 PM                               | Concreted by TreeDet a pr                          | aduat of Numanting | Deer 1 of 2        |

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| Outcomes  | Means of Assessment & Criteria / Tasks  | Results  | Action & Follow-Up |
|---|---|--|--------------------|
| <b>Start Date:</b><br>08/25/2016<br><b>Outcome Status:</b><br>Active  | <b>Criterion:</b><br>80% of student and staff who respond to the<br>survey are satisfied with the current classes and<br>class schedule.  |  |                    |
| Operational (Acad Affairs) - Fitness Center -<br>Personal wellness beyond physical fitness -<br>Fitness center provides opportunities for<br>personal wellness beyond physical fitness.<br><b>Assessment Years:</b><br>2017-2018<br><b>Start Date:</b><br>08/25/2017<br><b>Outcome Status:</b><br>Active  | Assessment Measure:<br>Review of course offerings and activities<br>Assessment Measure Category:<br>Internal Tracking<br>Criterion:<br>At least 5% of fitness center activities address<br>aspects of wellness other than physical fitness.   |  |                    |
| Operational (Acad Affairs) - Fitness Center -<br>Curriculum review of offerings - Curriculum<br>review of offerings<br>Assessment Years:<br>2018-2019<br>Start Date:<br>03/26/2018<br>Outcome Status:<br>Active   | Assessment Measure:<br>Review courses in the catalog and what has been<br>taught for the last three years for accuracy and<br>congruence.<br>Assessment Measure Category:<br>Internal Tracking<br>Criterion:<br>100% of the information about the PEX courses<br>in the catalog represent what is taught. |  |                    |
| Operational (Acad Affairs) - Fitness Center -<br>Fitness (PEX) curriculum - Fitness (PEX)<br>courses, including course titles, catalog<br>descriptions, and course numbering and credits<br>are accurate in the catalog and represent what is<br>taught.<br>Assessment Years:<br>2014-2015<br>Start Date:<br>07/01/2014<br>Outcome Status:<br>Completed | Assessment Measure:<br>Review courses in the catalog and what has been<br>taught for the last three years for accuracy and<br>congruence.<br>Assessment Measure Category:<br>Internal Tracking<br>Criterion:<br>100% of the information about the PEX courses<br>in the catalog represent what is taught. | <ul> <li>06/11/2015 - The following changes to PEX course titles, numbers, catalog descriptions, credits were submitted to and approved by the GBC Curriculum &amp; Articulation Committee during 2014-2015:</li> <li>5 catalog course descriptions revised; 2 courses changed to variable credit; 2 courses reclassified to new PEX course number; 1 course reactivated with updated course title; 2 new classes approved; 1 course reactivated; 4 classes not offered for years eliminated from catalog.</li> <li>Specific changes/approvals 2014-2015:</li> <li>PEX 134 Rock Climbing: credit approved for variable 1 to 2; revised catalog description</li> <li>PEX 149 Zumba: course assigned its own course number (rather than being listed as an "Aerobics" PEX 170); new catalog description</li> <li>Core Fit classes were re-classified from PEX 199 Special Topics to PEX 180 Strength Training; PEX 180 approved as variable credit 1 to 2; revised catalog description for Strength Training</li> <li>PEX 113 Basketball was reactivated ; catalog description was revised</li> <li>PEX 172 Body Contouring and Conditioning – catalog description was revised.</li> <li>Two new PEX classes approved for GBC: Circuit Training PEX 173; Total Fitness and Weight Control</li> </ul> |                    |

| Outcomes | Means of Assessment & Criteria / Tasks | Results  | Action & Follow-Up |
|----------|--|--|--------------------|
|          |  | <ul><li>PEX 207</li><li>Aquacise Aerobics, Golf, Swimming, Tennis had not been offered at GBC for years and were removed from course catalog</li></ul> |                    |
|          |  | Criterion Met:<br>Yes<br>Reporting Period:<br>2014-2015  |                    |
|          |  |  |                    |